



Detox Your Life

By Glenn Harrold

DIVINITI PUBLISHING, United Kingdom, 2010. CD-Audio. Condition: New. Language: English . Brand New. Detox Your Life is a superb high quality hypnosis affirmation recording, which will help you alleviate stress and anxiety and feel inspired and motivated. The 61-minute audio track is separated into two parts, the Intro and the hypnotherapy session, you can choose to skip the intro part after your first listen. There is also no wake up part on this recording so it is ideal for bedtime listening when you need to relax and sleep well. This recording will take you on a special journey into the deepest levels of relaxation. The subtle background soundscapes supporting Glenn s soothing voice will help you to experience profound feelings of inner peace and relaxation. The focus of the recording is to connect you with your creativity and to help you to feel stronger and happier so that you are able to cope with change and the general ups and downs of modern day life. Like all of Glenn s recordings it combines powerful hypnotherapy techniques with state of the art recording technology. The special background sound effects have been recorded in certain keys and frequencies to help enhance the...



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Reviews

Merely no words to spell out. Sure, it is actually perform, nonetheless an amazing and interesting literature. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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This book is really gripping and interesting. Sure, it can be enjoy, nonetheless an amazing and interesting literature. I found out this ebook from my i and dad suggested this pdf to find out.

-- **Mr. Manuela Mann II**