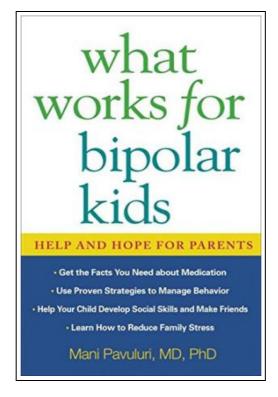
What Works for Bipolar Kids: Help and Hope for Parents (Paperback)



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Reviews

This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be play, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.

(Rene Olson)

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Guilford Publications, United States, 2008. Paperback. Condition: New. Language: English. Brand New Book. It may be hard to believe your child will ever get better, but kids with bipolar disorder can and do lead healthy, stable lives. In this compassionate and optimistic book, expert clinician and renowned researcher Mani Pavuluri delivers information, advice, and proven strategies that empower you to deal with the challenges of bipolar disorder and help your child get well. Drawing on 20 years of experience with bipolar kids and their families, she provides solidly researched strategies for reducing or eliminating problems with mania, aggression, sleep disturbances, depression, and other issues. You ll discover practical ways to handle crises at home and in school, work with professionals to find an effective combination of medicine and psychotherapy, and cultivate a supportive community of friends and peers for your child. Dr. Pavuluri also helps you deal with the stress that comes with parenting, so you can maintain your poise, focus on the positive, and be a powerful advocate for your child. Winner--American Journal of Nursing Book of the Year Award.



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