



## Surprises in Mili's Suitcase: How Diabetes Was Cured with Food (Paperback)

By Katherine Shelley Orr, Antonia Demas

Sunstone Press, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Growing up in Hawaii, eleven-year old Hana knows sharing food is about sharing gifts of love and aloha, but she doesn't know food can also be a gift of health. When she is diagnosed with type 2 diabetes, Hana's mother promises to help Hana learn to live with it--that is, until Mom's sister Auntie Mili comes to visit with a suitcase full of surprises that hold the key to Hana's disease. Armed with new knowledge that diabetes can be cured with a diet rich in plants, Mili, Hana, and her mother embark on a Great Food Adventure in which they discover the fun of learning about, growing, preparing, and eating new fruits and vegetables. The colorful foods are nutritious, taste delicious, and quickly restore Hana's health. The story conveys traditional values of honoring our bodies, caring for the land, and growing food in a sustainable way. Colorfully illustrated on every page (two of which are recipes). Includes Glossary, Lessons from Mili, and For Parents and Teachers. For all ages. Katherine Orr is the author/illustrator of twenty books for...



[READ ONLINE](#)  
[ 7.01 MB ]

### Reviews

*It becomes an awesome ebook which I have ever go through. It was written quite perfectly and valuable. You will like just how the writer wrote this ebook.*  
-- Kane O'Reilly

*A must buy book if you need to adding benefit. It is actually written in basic phrases and not confusing. I found out this book from my mom and dad suggested this pdf to find out.*  
-- Shany Zemlak

## Relevant eBooks



### Li Xiuying preschool fun games book: Lingling tiger awesome (connection) (3-6 years old)(Chinese Edition)

paperback. Book Condition: New. Paperback. Pub Date: 2010. Pages: 30 Language: Chinese in Publisher: Time Publishing and Media Co. Ltd. Anhui Children's Publishing House Hi. you do! I called Lingling Tiger. my vision is to be a Dingding clever little tiger. You...



### 31 Moralistic Motivational Bedtime Short Stories for Kids: 1 Story Daily on Bedtime for 30 Days Which Are Full of Morals, Motivations Inspirations

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Reading to children is a wonderful activity and past time that both parents and teachers enjoy. Seeing their rapt, excited...



### The Mystery in Icy Antarctica The Frozen Continent Around the World in 80 Mysteries

Gallopade International. Paperback. Book Condition: New. Paperback. 133 pages. Dimensions: 7.3in. x 5.2in. x 0.3in.When you purchase the Library Bound mystery you will receive FREE online eBook access! Carole Marsh Mystery Online eBooks are an easy, effective, and immediate way to read...



### Short Stories 3 Year Old and His Cat and Christmas Holiday Short Story Dec 2015: Short Stories

2016. PAP. Book Condition: New. New Book. Delivered from our US warehouse in 10 to 14 business days. THIS BOOK IS PRINTED ON DEMAND.Established seller since 2000.



### The Stories Mother Nature Told Her Children

1st World Library, United States, 2005. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Purchase one of 1st World Library s Classic Books and help support our free internet library of downloadable...



### THE Key to My Children Series: Evan s Eyebrows Say Yes

AUTHORHOUSE, United States, 2006. Paperback. Book Condition: New. 274 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.THE KEY TO MY CHILDREN SERIES: EVAN S EYEBROWS SAY YES is about a three year old little boy who...