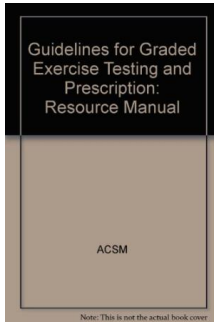


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# GUIDELINES FOR EXERCISE TESTING AND PRESCRIPTION: RESOURCE MANUAL



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- Authored by ACSM
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