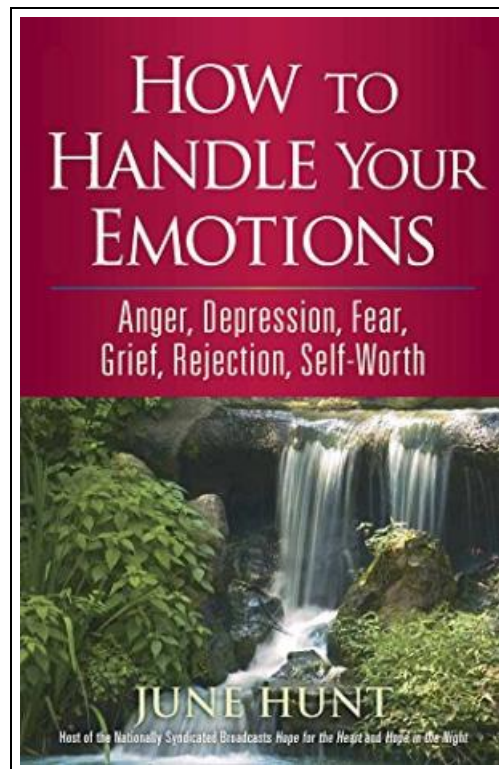


## How to Handle Your Emotions: Anger, Depression, Fear, Grief, Rejection, Self-Worth



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