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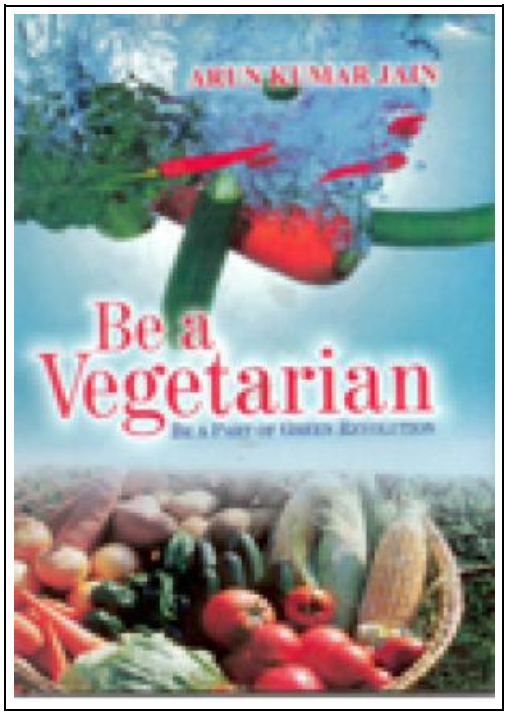

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2008. Hardcover. Book Condition: New. 300 This book, written in simple language, deals with various aspects of vegetarianism and tries to answer the questions that are commonly asked by people about the pros and cons of particular dietary habit. Various myths are busted related to vegetarianism and it emerges as the preferential choice of modern educated responsible citizen as the proceeds. Health, religious, economical, historical and ethical aspects of vegetarianism are discussed extensively. About The Author:- ARUN KUMAR JAIN born on 17th OCT. 1951, his ancestors belonged to the village of Binauli, Barauth. Hailing from a jain family, he was given vegetarianism as legacy. After passing from Jain School, Darya Ganj, he entered Delhi College of Engineering, something that opened new vistas for him, with friends who came from all walks of life and indirectly persuaded him for introspection of his own values. The more he introspected and analyzed the more fervent he became in his practices but now enlightened. This lit up a desire to spread words about vegetarianism. However, the entanglements of life prevented him for so long to accomplish his desire but now. He is well known in his political and social circle for his writings which are crisp, clear and direct. Contents:- Contents # Foreword : Preface : Acknowledgements : Introduction : Etymology : Subdivisions of vegetarianism : Vegetarianism Through Ages : Our Earliest Ancestors : Greece : Rome : Church : The Heretics : Renaissance : Enlightenment : 19th Century : 20th Century : International Vegetarian Union : Ethics and Vegetarianism : Religious Argument : Religion and Vegetarianism : Religion : Food and Religion : Hinduism : Every Meal is a Prasad : Buddhism : Jainism : Timing of Consumption : Christianity : Islam : Vegetarianism is the Natural Way of Life : Contents of...

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