



150 Tips and Tricks for New Nurses: Balance a hectic schedule and get the sleep you need. Avoid illness and stay positive. Continue your education and keep up with medical advances (Paperback)

By Kathy Quan

Adams Media Corporation, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book. With long hours, huge responsibilities, and average pay, nursing is often as challenging as it is rewarding. By teaching new nurses what to expect, how to get what they want, and how to succeed in today's medical environment, this book is the one-dose treatment to prevent burnout. Written in an easy-to-read, direct, and honest way, this helpful handbook will teach new nurses what they didn't learn in nursing school. Veteran R.N. Kathy Quan offers readers information on how to: balance a hectic new schedule (for work, sleep, and life) deal with doctors avoid illness themselves continue education while working cope with death of patients (the first time, and after) and more With this book, nurses get real-life advice on how to cope, perform, and excel in their field--one shift at a time!



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