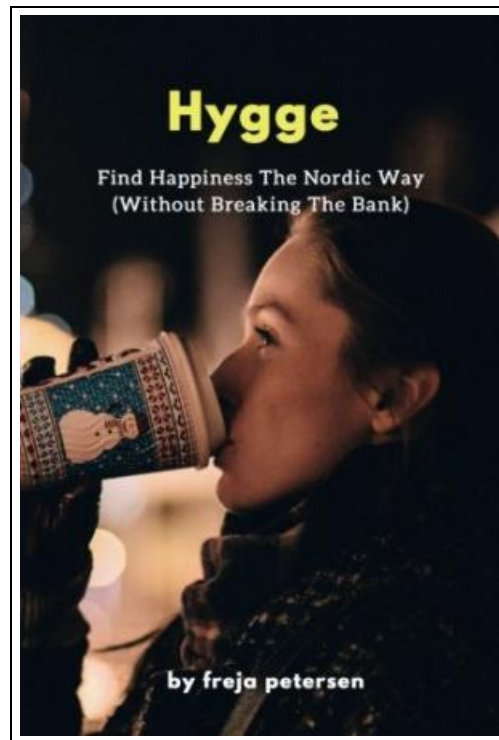


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Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.What is the key to living a happy life? The Danish call it Hygge , and it makes them the happiest people on this planet. Their secret? A lifestyle of cosy and minimalistic living. The Hygge Life Just the word hygge alone gives you a warm, fuzzy feeling inside. A warm and hot beverage, good friends, a fireplace, and lotsof great memories to share. Many people believe that moving towards a Hygge lifestyle is expensive and requires a lot of investments. They couldn t be further from the truth. Hygge means to put coziness before style. Transforming your house interior into a place where you feel truly happy. All of this can be done on a budget, no need to break the bank to get Hygge! What can I expect to read in this book? How to counteract the commercialisation of the popular trend that is Hygge Exactly how to transform your home into a place of coziness, on a budget How to shape experiences and relationships efficiently Minimalistic purchases for friends and family - make presents fun again! Avoiding costly mistakes in your lifestyle improvements Dozens of tips recommendations to improve your life on a budget And much, much more! Hygge Happiness Hygge surpasses all gloom and doom, whittles away the seasonal sadness that can accompany the blanket of cold that envelops not only our countryside and landscapes, but also our hearts. For some, dreary months seem to become endless and some weather even feeling relentless. Some may even put off going out at all and hermit away the winter months. What a waste of life. With hygge there is much life to have in any season and in...

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