

Secrets and Lies: Surviving the Truths That Change Our Lives

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Reviews

This is an remarkable pdf which i actually have actually study. I have go through and that i am sure that i am going to planning to study once again yet again later on. Once you begin to read the book, it is extremely difficult to leave it before concluding. (Ms. Hannah Lowe)

SECRETS AND LIES: SURVIVING THE TRUTHS THAT CHANGE OUR LIVES



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Anchor, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Praise for Secrets and Lies "This masterful and psychologically sophisticated book takes us into the heart of darkness, family secrets, and shows that they can and must be faced. Isay"s ideas are fresh, provocative and ultimately deeply healing. Her stories glitter with authenticity." --Mary Pipher, author of The Green Boat and Reviving Ophelia "Who better to guide us through the anatomy of betrayal and its aftershocks than Isay, who has lived both sides of a public, family-shattering secret? Isay introduces us to a dazzling array of characters whose lives were fractured by painful revelations. Most important, she offers tough love advice about how to make sense of the unthinkable and move on. Anyone who has ever been harmed by a secret will find solace in Isay"s compassionate, laser-sharp storytelling." --Rachel Simmons, author of Odd Girl Out "The truths that Jane Isay illustrates with compassion and delicacy about family relationships, ring true for communities and institutions as well: everyone involved is hurt by deceiving oneself and others, but truth can lead to healing." --Mary Catherine Bateson, author of Composing a Further Life: The Age of Active Wisdom "A wise, brave, and gripping book about the stories families hide from one another, Secrets and Lies instructs us in the many important ways that even painful truths can set us free." --Judith Viorst, author of Necessary Losses "Jane Isay starts by baring some secrets of her own--which is only fair, since this wonderful book abounds with stories of other people"s secrets that are closely-guarded and, when revealed, deeply unsettling. She explores the full range of secrets people keep--using tricks ranging from well-intended white lies to self-serving and even vicious deceptions--and the full range of reactions when you...

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