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HAND REFLEXOLOGY FOR PRACTITIONERS: REFLEX AREAS, CONDITIONS AND TREATMENTS (PAPERBACK)



JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2016. Paperback. Condition: New. Language: English. Brand New Book. Focussing specifically on reflexology of the hands, this book covers all the information needed for effective practice, increased understanding of theory, and skill development. Fully illustrated with photographs and diagrams, expert author Nicola Hall describes the positions and functions of the reflex areas in each hand, and covers the basics of body and hand anatomy. She introduces a wide range of techniques and explains how...

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- Authored by Nicola Hall
- Released at 2016



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