



Type 1 Diabetes: In Children, Adolescents and Young Adults (Paperback)

By Ragnar Hanas

CLASS PUBLISHING, United Kingdom, 2012. Paperback. Condition: New. 5th New edition. Language: English . Brand New Book. The number of children with Type 1 diabetes is steadily increasing. While research continues to search for a cure, the expectation is that those afflicted should enjoy a long life. Medical research has conclusively proved that looking after your own diabetes - and keeping your blood glucose level down - is the key to avoiding the pitfalls and long-term risks. Having diabetes means you need to make yourself better informed than the average doctor, and this remarkable book gives you all the strategies and tricks to get your blood glucose down and keep it under control. In this practical, easy-to-read book Dr Ragnar Hanas shows you step-by-step how to become an expert in your own diabetes. By understanding your Type 1 diabetes and how to manage it, you can live a full, healthy and happy life. Up-to-date with changes to the HbA1c standard which measures average blood glucose levels. All the latest information on insulin therapies Includes 39 chapters, and over 400 illustrations and cartoons Glossary explains 172 medical terms Stories of other people with diabetes Summary of contents: Topics covered range from...



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