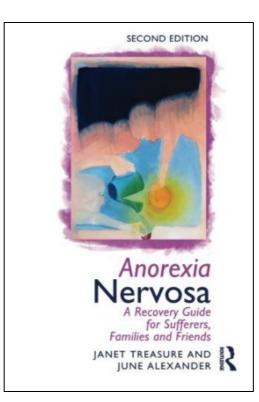
# Anorexia Nervosa: A Recovery Guide for Sufferers, Families and Friends (Paperback)



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# Reviews

This publication will be worth purchasing. It really is writter in simple terms instead of difficult to understand. Its been designed in an exceptionally simple way and is particularly only right after i finished reading this ebook in which basically modified me, alter the way i believe. (Prof. Loyce Runolfsson Jr.)

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# ANOREXIA NERVOSA: A RECOVERY GUIDE FOR SUFFERERS, FAMILIES AND FRIENDS (PAPERBACK)



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Taylor Francis Ltd, United Kingdom, 2013. Paperback. Condition: New. 2nd Revised edition. Language: English . Brand New Book. The highly respected and widely known Anorexia Nervosa: A Survival Guide for Sufferers and Friends was written in 1997. This long-awaited new edition builds on the work of the first book, providing essential new and updated research outcomes on anorexia nervosa. It offers a unique insight and guidance into the recovery process for those who suffer from an eating disorder as well as advice and information for their loved ones. Written collaboratively by both an expert in the field and someone with personal experience of eating disorders, this book offers exceptional understanding of the issues surrounding the illness. Divided into four sections, it includes: an outline of anorexia nervosa coping strategies for sufferers advice and information for families, carers and friends guidelines for professionals who are involved in the sufferer s life. Families, friends, carers and professionals such as teachers and GPs are encouraged to read all sections in order to fully understand the illness. With an emphasis on collaboration and a layout that enables content to be referenced and read in any order, this book is an essential resource for anyone affected, directly or indirectly, by anorexia nervosa.

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