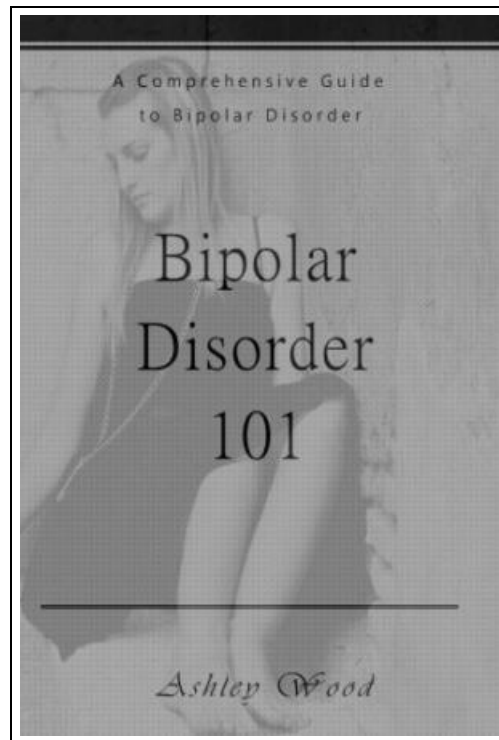


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BIPOLAR DISORDER 101: A COMPREHENSIVE GUIDE TO BIPOLAR DISORDER (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Whether you personally struggling with extreme highs and frightening lows of the bipolar disorder, or someone close to you does, this compassionate and comprehensive guide book on bipolar disorder will provide you with the insight necessary to accurately understand, manage and cope with the condition. At present approximately 5.7 million Americans get affected by bipolar disorder each year and this illness is now classified as one of the ten leading causes of disability in the US. These days bipolar is one of the most commonly diagnosed psychiatric conditions among teens, adolescences, and adults. According to a recent worldwide survey, US has the highest lifetime rate of bipolar disorder of 4.4 . This book provides a much-needed resource for family and friends of the millions of American suffering from bipolar disorder. The book contains up-to-date information and practical problem-solving advice that you can count on. Written by an accomplished bipolar expert, the book is designed to help you manage manic episodes and periods of severe depression. Every individual s experience with bipolar disorder is different, but the book offers a bipolar coping plan that suits everybody s needs. This reliable guide takes an accessible approach to bipolar disorder, full of helpful information and only book on bipolar disorder you will ever need.



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