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21 DAYS TO CHANGE JOURNAL (PAPERBACK)



Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This guided journal workbook offers the reader a chance to embark on a 21 day journey of self-discovery. The reader will work through the stages of self awareness, self acceptance and finally change. If you have been thinking of making a change and don t know how to begin, this book is for you.

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- Authored by Dr Stacey Marie Rossi
- Released at 2014



Reviews

Complete guide! Its this sort of great read. It is probably the most awesome book i have read. I am just very easily can get a satisfaction of studying a written ebook.

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