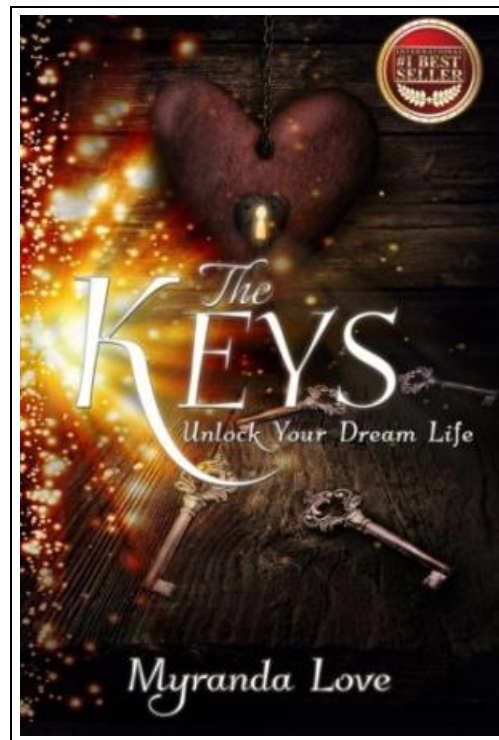


The Keys: Unlock Your Dream Life



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Reviews

The publication is great and fantastic. It is probably the most remarkable book i actually have read through. Its been printed in an exceedingly easy way and it is merely right after i finished reading through this publication where in fact altered me, modify the way i think.

(Tomasia Witting)

THE KEYS: UNLOCK YOUR DREAM LIFE



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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 176 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. Author and Entrepreneur Myranda Love is so freaking happy that she decided to write a book about it. Sounds like a big ol bowl of cherries (or bullshit, right) Well. . . she hasnt always been this happy. In fact, in 2008, she fell into a serious depression and contemplated ending her own life. By applying the Keys she shares in this book, Love was able to quickly overcome depression to create a fulfilling life that she loves. Whether youre just graduating from high school or college, looking to change careers or retire young; deeply depressed, booming success, or anywhere in between, the practical life tools shared in this book can help you. The Keys is a self-help and entrepreneurial new-work inspirational guide for anyone looking to increase happiness, success and financial freedom in their life. Dubbed as a Guidebook for overcoming the Mid-life Blahs, the techniques shared for happiness and success in life make it a must read for anyone looking to make their way in this world. The Keys are based on the authors personal journey and real life experiences in applying techniques from Acceptance and Commitment Therapy ACT, an emerging self-help science based therapy, Laws of Attraction, a metaphysical and spiritual approach to life, and lessons learned from 25 years experience in business and seven years in entrepreneurship. A few of the transformations that happened in her life since applying these Keys include: Overcoming a suicidal depression Losing fifty pounds and keeping it off for eight years Quitting smoking and releasing addictions Disarming early childhood trauma and releasing shame, guilt and painful memories Recovering independence and thriving after a co-dependent marriage Diving into entrepreneurship and founding five...



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