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## Reverse Heart Disease Naturally (Paperback)

By Michelle Honda

Hatherleigh Press,U.S., United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. The long-awaited resource for those seeking to reverse heart disease--naturally. Reverse Heart Disease Naturally contains step by step, do-it-yourself instructions to help you treat and reverse heart disease including cures for high cholesterol, blood clots, aneurysms, myocardial infarcts, strokes, hypertension, and arteriosclerosis. Complete with healing remedies, dietary regimens, and protocols for every stage of healing and maintenance, Reverse Heart Disease Naturally also includes the most effective dietary programs proven to help strengthen the heart and reverse cardiovascular disease. Heart disease is the leading cause of death for both men and women. With traditional medicine offering little in the way of safe, low-risk solutions, more patients are turning to the world of natural medicine. With Reverse Heart Disease Naturally, learn to work with your body to achieve lasting and effective results that will let you reclaim your life. Featuring alternative solutions to potentially harmful prescription drugs, as well as safe food choices and a guide to herbal medicine, Reverse Heart Disease Naturally helps you regain your sense of health and wellbeing. Reverse Heart Disease Naturally covers a multitude of topics, including: \* A comprehensive overview of heart...



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