



The Way of Orisa: Empowering Your Life Through the Ancient African Religion of Ifa

By Philip J. Neimark

HarperOne. Paperback. Condition: New. 208 pages. Dimensions: 9.0in. x 6.1in. x 0.6in. Carried to the Americas by slaves, the 8,000-year-old philosophy of Ifa originated with the Yoruba peoples of West Africa. Ifa's enduring message of strength and inner peace, one that offers a way to harmonize our spiritual and worldly aims, is enjoying a resurgence of popularity in the West. Written by an avid student and accomplished practitioner, The Way of the Orisa provides an exhilarating introduction to the orisa, the powerful messenger spirits who act as our personal guardians. Through fables, rituals, prayers and simple guidelines, Philip Neimark shows how we can further our personal and professional goals by cultivating the loving support of orisa energy. Joyous, wise and eminently practical, The Way of the Orisa brings a vibrant ancient tradition to contemporary life. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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