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Pantry and Palate: Remembering and Rediscovering Acadian Food (Paperback)

By [simon thibault](#)

Nimbus Publishing (CN), Canada, 2017. Paperback. Condition: New. Language: English . Brand New Book. In Pantry and Palate, journalist Simon Thibault explores his Acadian roots by scouring old family recipes, ladies auxiliary cookbooks, and folk wisdom for 50 of the best-loved recipes of Acadians past and present. Recipes run the gamut, from the art of pickling beets to old-fashioned foodways such as rendering lard and cooking with head cheese, to Acadian staples like Classic French Canadian Tourtiere and Seafood Chowder, and a delicious roster of desserts from Rhubarb Custard Pie to Acadian Panna Cotta. Including essays celebrating the stories behind the recipes, a foreword by bestselling author Naomi Duguid (Taste of Persia), and photos by noted food photographer Noah Fecks (The Up South Cookbook), Pantry and Palate is magnifique from page to plate.



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-- *Dr. Easton Collier DVM*

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