



## The Power of Silence: The Riches That Lie Within (Paperback)

By Graham Turner

Bloomsbury Publishing PLC, United Kingdom, 2014. Paperback. Condition: New. Language: English . Brand New Book. Silence is a mysterious and unfathomable realm, perhaps the most under-used of all resources, and one our modern culture has all but obliterated by turning up the volume control. Graham Turner explores the power that can be found in silence through interviewing monastics, religious leaders, composers, actors, psychotherapists, prisoners and peace workers about their experiences of practising silence. Ranging from Christian contemplation in the Egyptian  $\,$  $desert \ to \ Vipassana \ meditation \ in \ India, from \ the \ shared \ silence \ of \ Quaker \ meetings \ in \ Oxford \ to$ the profound stillness of the Alps, this is a powerful book about a great gap in modern human awareness.



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## Reviews

This composed book is excellent. This really is for all who statte that there had not been a worth reading through. Your life period will probably be change as soon as you total looking over this ebook.

## -- Cheyanne Barrows

The book is fantastic and great. I have go through and i also am certain that i will planning to read through once more once more down the road. Its been printed in an exceedingly simple way and is particularly simply after i finished reading through this publication through which really changed me, change the way i think.

-- Hank Powlowski