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Demedicalizing Women's Health (2 Vols.Set)

By Amarjeet Singh, Indarjit Walia, Lakhbir Dhaliwal

2009. Hardcover. Book Condition: New. 624 This book is about women empowerment. It is an initiative to give freedom to women from the clutches of medicalization. As the title indicates the book's main emphasis is on demedicalization because there has been a growing uneasiness and restlessness in many sections of society about the increasing trend of more and more of our daily routine being regulated by doctors and medicine. Solution to every problem is being brought under the purview of medicine. This is happening not without the ubiquitous side effects. It was thought that this medicalization trend itself needs to be curbed and regulated. This book which is a humble attempt in this direction. It should however, be made clear that this book does not advocate that no medicine should be taken. The main emphasis of the book is to impress upon the reader that much (relief) can be achieved without medicine/doctors. If needed, doctors' help/hospital visit may be considered. The book focuses on women as they have been documented to lack adequate access to health. A world of optimal and widespread health is obviously a world of minimal and only occasional medical intervention. The book repeatedly emphasizes a life-style...

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