



DOWNLOAD



## Survival Manual for Elders: Encouraging Elders Resiliency Potential (Paperback)

By Melanie Adair

Waldenhouse Publishers, Inc., 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Survival Manual for Elders is written by a team of physicians, nurses, social workers, psychologists, therapists, chaplains, business and legal experts. Their collective wisdom concerning aging and passion for person-centric care, with promotion of resiliency and maximum functional potential, shine through every page. The table of contents reads like a list of questions I wish my doctor had discussed with me. Topics such as dignity, health promotion, healthcare choices, advance directives and goals of care, and common symptoms and conditions are accurately and readably discussed and emphasized. The section on levels of care and healthcare finances is particularly helpful in clarifying the maze of choices facing seniors and their caregivers as they negotiate our US industrial, financial, and healthcare complex. Chapters covering medication safety, cognitive and mental health concerns, and illness complications are especially well written. If knowledge is power, the insights offered by this book will be a strong ally for seniors and their caregivers to successfully navigate the challenges of aging, making informed decisions and focusing on individualized goals of care.



READ ONLINE  
[ 1.57 MB ]

### Reviews

*Extensive guide for ebook lovers. It generally does not cost excessive. Your way of life span will likely be convert the instant you complete looking at this ebook.*

*-- Rocky Dach*

*Certainly, this is the very best work by any author. It is amongst the most remarkable publication i have got study. I am just happy to inform you that this is actually the greatest pdf i have got study inside my individual daily life and can be he very best publication for at any time.*

*-- Gilbert Rippin*