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My Life Planning Guide: Discover Your Passions, Values, Dreams, and Goals and Design a Plan to Reach Them (Paperback)

By MR Kenneth Petersen, MS Shawn Smith

Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. My Life Planning Guide is organized in seven steps that will help you discover your passions, values, dreams, and goals. This provides an easy way to design your action and daily action plans for reaching those goals. The seven steps include: Step 1 - My Passions List - Passions are what give you the drive, enthusiasm, and desire for life; Step 2 - My Values List - Values determine how you attach meaning, worth, and importance in life; Step 3 - My Dreams List - Dreams are your destinations in life; Step 4 - My Goals List - Goals are your milestone of accomplishments that map out your road to your dreams; Step 5 - My Action Plans - Action plans are the steps to reaching your goals; Step 6 - My Daily Action Plans - Daily action plans break down each action into daily plan items to achieve your goals; Step 7 - My Accountability Partner - A partner is a person you can share your goals with.


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