

**Meal Planner: Weekly Menu Planner with Grocery List [Softback * Large (8 X 10) *
52 Spacious Records More * Red Polka Dot] (Paperback)**



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Reviews

This composed book is excellent. This really is for all who statte that there had not been a worth reading through. Your life period will probably be change as soon as you total looking over this ebook.
(Cheyanne Barrows)

MEAL PLANNER: WEEKLY MENU PLANNER WITH GROCERY LIST [SOFTBACK * LARGE (8 X 10) * 52 SPACIOUS RECORDS MORE * RED POLKA DOT] (PAPERBACK)

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Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Softback blank Meal Planner book with a spacious two page spread for each of 52 weeks. IF LOOK INSIDE ISN'T LOADING use the blue smART bookx link above to look on our website. BOOK INTERIOR: - Each log provides the facility to total anything, cost or calories, but the shading for this is subtle so you can easily ignore it and just write a meal title over the top if desired. - There's a shopping list with each week so you can take it to the store and see at a glance what you need. - A Notes section for each week allows extra space to record e.g. special celebrations, additional guests or comments on what worked and what didn't. - At the back, a double page tracker chart allows you to compare any values across three different stores or brands; again it could be cost, calories or anything else. There's also a page at the back to jot down your regular fallback meals just the once, so if you're tracking totals or ingredients you don't have to keep rewriting the same lists. (There's also a general Notes page at the back too.) - Thick white acid-free paper minimizes ink bleed-through. EXTERIOR: Cover: Tough matte paperback. Binding: Secure professional trade paperback binding, i.e. it's built to last; pages won't fall out after a few months of use. Dimensions: 20.3 x 25.4 cm (8 x 10). (Almost the same width as A4 but a few cm shorter in height - so just that bit easier to fit into a shopping bag!) MATCHING PRODUCTS: We also publish a Blank Recipe Journal with the same...



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