## Get Book

# 200 RECIPES FOR THE DOUFU [TOFU] DEVOTEE



Women of China, Beijing, China, 1986. Soft Cover. Condition: NEW. Cheng Jingjing (Photographer) (illustrator). Stated First Edition. BRAND NEW COPY. Stated First Edition; published w/o ISBN; ISBN subsequently assigned. Cookery. 200 indigenous Chinese recipes using doufu (or tofu), soft white blocks of pressed soy milk. Low in calorie, high in iron and a major protein source, hence a healthy vegetarian's delight, believed to originate 2,000 years ago during the Han Dynasty. Tofu has a low calorie count and relatively large...

### Download PDF 200 RECIPES FOR THE DOUFU [Tofu] DEVOTEE

- Authored by Zhang, Desheng
- Released at 1986



#### Reviews

This written publication is wonderful. It really is simplified but unexpected situations inside the fifty percent in the pdf. You will not truly feel monotony at at any moment of the time (that's what catalogues are for about in the event you request me).

### -- Dr. Jamar Willms

This publication will be worth purchasing. It is writter in straightforward words and not hard to understand. I am just very happy to explain how here is the best ebook we have read in my own lifestyle and might be he best publication for at any time.
-- Devante Mante

This is the greatest book i have read through till now. It usually fails to charge excessive. You can expect to like how the blogger publish this ebook.

-- Adan Dickinson