



Hepatitis C Treatment One Step at a Time: Inspiration and Practical Tips for Successful Treatment

By Lucinda Porter Rn

Demos Health. Paperback. Condition: New. 248 pages. Dimensions: 8.9in. x 6.0in. x 0.7in. Hepatitis C Treatment One Step at a Time provides the practical advice and daily inspiration you need to help you successfully complete hepatitis C (HCV) treatment. Deciding to undergo HCV antiviral therapy is one of the bravest and most important steps toward health you'll ever make. As a nurse in the HCV field and a patient who underwent three courses of HCV therapy, Lucinda K. Porter understands how physically and emotionally challenging this experience can be. In Hepatitis C Treatment One Step at a Time, she provides entries for each day of treatment, offering you a daily dose of relief, encouragement, and tips to help you stay on track. From dealing with fatigue and nausea to nosy co-workers and lab results, Porter shows you how to: Prepare mentally, physically, and financially Manage side effects Set up a support system Keep your spirits up Celebrate your strength and acknowledge your milestones Find additional help and up-to-date information with an extensive resources section This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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