



Bhagavad Gita in 365 Days: The Spiritual Essence of the Gita

By Lata Jagtiani

Motilal Banarsidass Publishers Pvt. Ltd., New Delhi, India, 2008. Softcover. Book Condition: New. Bhagavad Gita in 365 days is a brief and simplified account of the dialogue between a despondent Arjuna and the clear headed sagacious lord Krishna. It extracts the essence of the Gita in an undaunting and user friendly format. With skill Lata Jagtiani has condensed the verses while retaining the philosophical essence of the Gita. A pocket size book handy for travellers it requires a read of only a minute a day time that even the busiest amongst us can spare for a life of peace. A symbolic dip in the Ganges of wisdom it is sure to be an invaluable friend for readers of both sexes across all faiths for anybody given to asking philosophical questions. Printed Pages: 387.



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