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Weeknight Cooking with Your Instant Pot: Simple Family-Friendly Meals Made Better in Half the Time (Paperback)

By Kristy Bernardo

Page Street Publishing Co., United States, 2018. Paperback. Condition: New. Language: English . Brand New Book. When you re looking for easy ways to get dinner on the table, simply turn on your Instant Pot and choose one of the 100 mouth-watering recipes in this cookbook. The dishes are simple to prepare, but they each have a unique addition or twist that gives a burst of delicious flavour that you and your kids will go crazy for. Kristy Bernardo is the creator of the popular food blog The Wicked Noodle. In early 2016, her recipe video for Crispy Baked Lemon Pepper Chicken Wings went viral on Facebook with over 5.2 million views to date. With her debut cookbook, Kristy presents an incredible collection of recipes that take advantage of the Instant Pot s best features - especially the pressure cooker functions which consistently produce succulent meats in half the time, the ever-popular slow cooking function and the searing function that assures the perfect browning on meats and veggies with no extra pans to clean. Featured recipes in the book include Pot Roast with Balsamic Dijon, Mediterranean Chicken with Creamy Feta Sauce, Fresh Veggie Pot Pie, Carne Asada Tacos with Cilantro-Jalapeno...



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