



The Art of Free Travel: A Frugal Family Adventure

By Patrick Jones, Meg Ulman

NewSouth Publishing, Australia, 2016. Paperback. Book Condition: New. 210 x 135 mm. Language: English . Brand New Book. Patrick, Meg and their family had built a happy, sustainable life in regional Victoria. But in late 2013 they found themselves craving an adventure: a road trip. But theirs was a road trip with a difference. With Zephyr (10), Woody (1) and Zero their Jack Russell, they set off on an epic 6,000km year-long cycling journey along Australia's east coast, from Daylesford to Cape York and back. Their aim was to live as cheaply as possible - guerrilla camping, hunting, foraging and bartering their permaculture skills, and living on a diet of free food, bush tucker, and the occasional fresh roadkill. They spent time in Aboriginal communities, joined an anti-fracking blockade, documented edible plants, and dodged speeding cars and trucks on the country's most dangerous highways. The Art of Free Travel is the remarkable story of a rule-breaking year of ethical living.

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