



Easy Ways to Build Assertiveness, Confidence, Self-Esteem 2017 (Paperback)

By JENNIE WILLETT

TSL Publications, United Kingdom, 2017. Paperback. Condition: New. 2nd Revised edition. Language: English . Brand New Book ***** Print on Demand *****.In Easy Ways to Build Assertiveness, Confidence, Self Esteem, Jenny provides a manual for personal development covering the basic building blocks for achieving your potential, taking control of your life and creating your own enjoyment and happiness from living.



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