



The New Chakra System Handbook: On Becoming the New Human

By Casey Costello

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, The New Chakra System Handbook: On Becoming the New Human, Casey Costello, Mankind is changing. The evolution has begun, and there is no stopping it. We are becoming Super Humans, possessing more senses and with more awareness of the universe. This Handbook is a simple guide that will take you from the Old Chakra system to the New System of energy. The meditation exercises are easy to practise and enable you to begin the process. Work through them at your own pace. Let's move forward and discard the old being we have been for too long. No matter what culture or religion you follow the handbook will assist you in becoming a Super Human, raising your energy to a higher vibration and making mother earth balanced again. Let's take an amazing leap into the future.



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