



University of utility sports tutorial(Chinese Edition)

By BEN SHE

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: Unknown in Publisher: Beijing Sports University Press. basic information Original Price: 26.00 yuan Author: Publisher: Beijing Sports University Press ISBN: 9787811007947 Page: Revision: Binding: Folio: Published :2011-9-1 Printing Time: Words: Item ID: 22468455 Description textbook writing process. and strive to become in guiding undergraduates sports need to learn and meet lifelong physical exercise books. In the pursuit for all students to develop their personality. to cultivate the students' lifelong physical exercise habits and life-long physical ability as the starting and ending points. This material is summarized together with to Bian characteristics: 1. System novel. This material firmly establish the concept of Health First closely around physical exercise and promote healthy relationships elaborate make students fully aware of the benefits of physical exercise and the importance of lifelong physical exercise in the learning process. 2. Contents of refining. This material highlighting the cultural connotation of sports. humanities and sports concept deeply rooted in the content of scheduling. and actively absorb the latest research results of the University of Physical Education at home and abroad. choose to abandon...



READ ONLINE
[8.26 MB]

Reviews

This ebook can be worthy of a read, and much better than other. I have read and i am certain that i am going to planning to go through again once again in the future. You may like just how the writer compose this book.

-- Mr. Grant Stanton PhD

A whole new eBook with an all new standpoint. It is actually rally fascinating throug reading through time period. You wont truly feel monotony at anytime of your own time (that's what catalogues are for relating to when you request me).

-- Claire Bartell