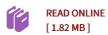




Running the Marathon with Cancer: A Story about Life, Love, Running, Friendships, Personal Growth, Self Discovery Surviving Colorectal Cancer (Paperback)

By Doug Limbrick

Balboa Press Australia, 2017. Paperback. Condition: New. Language: English . Brand New Book
***** Print on Demand *****. A few days before Doug Limbrick is to run a marathon he receives a
diagnosis of colorectal cancer. The large mass has been there for some time and must be removed
at once. What a shock for a healthy, fit man who hasn t had a sick day from work in twenty years
and has been a runner for thirty. In his memoir, the author shares what it is like to have major
surgery that impacts him both physically and psychologically. Six months of chemotherapy and five
weeks of radiotherapy bring complications. Yet Doug returns to running during chemotherapy in an
attempt to regain some fitness and distract himself from the side effects of weeks of continuous
infusions. He runs while carrying a black box that delivers the chemotherapy drugs through a tube
in his chest at predetermined intervals. Living through more surgery and complications from
septicemia and pneumonia, he leaves the hospital after two months weighing 115 pounds (52
kilograms). The long process of rehabilitation begins, with the help of some very good friends. Doug
raises some important questions. Why did...



Reviews

I just began looking over this pdf. It is one of the most amazing pdf i have study. I discovered this book from my dad and i recommended this pdf to understand.

-- Merritt Kilback II

Good e book and useful one. I have got read and that i am confident that i will likely to go through once more again later on. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Angela Blick