



un chemin de fleurs et d'épines

By Veyrat, Marc

MICHEL LAFON, 2017. Paperback. Condition: NEUF. Une vie rugueuse mais pleine de bonheurs dès le départ. Dans la ferme de ses parents, on travaillait trop dur pour avoir le temps de chanter des berceuses. Mais aller cueillir tous ensemble des myrtilles pour faire de la confiture était une joie, et recevoir un simple bol de soupe pour Noël, une leçon : l'important, c'est de se nourrir des bienfaits de la nature. La montagne est rude ; l'univers de la cuisine, lui, est violent, surtout quand on veut y gagner des étoiles. Bien sûr, il y a la poésie de la création, tous ces bouquets d'oxalis ou de reines-des-prés, ces saveurs de pin qu'il invente pour accommoder une truite : ce chef inspiré est né avec une cuiller aromatique dans la bouche. Mais il y a aussi le " coup de feu " du service, les colères homériques du chef Veyrat pour une carotte mal râpée, le cadre à soigner voire à construire soi-même pour évoluer vers un ciel " étoilé ", les investissements nécessaires mais parfois scabreux (il flaire mieux les herbes sauvages que les promoteurs véreux), la bagarre contre les banques, le fisc, ou l'Administration qui lui inflige, par...



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