



I Am: A 60-Day Journey to Knowing Who You Are Because of Who He Is (Paperback)

By Michele Cushatt

ZONDERVAN, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. From the moment a woman wakes until she falls, exhausted, on her pillow, one question plagues her at every turn: Am I enough? The pressure to do more, be more has never been more intense. Online marketing. Self-help books. Movies, magazines and gym memberships. Even church attendance and social media streams have become a means of comparing ourselves to impossible standards. Am I pretty enough? Hip enough? Spiritual enough? We fear the answer is No. When a brutal bout with cancer changed how she looked, talked, and lived, Michele Cushatt embarked on a soul-deep journey to rediscover herself. The typical self-esteem strategies and positivity plans weren't enough. Instead, she needed a new foundation, one that wouldn't prove flimsy when faced with the onslaught of day-to-day life. With raw personal stories, rock-solid biblical teaching, and radical truths on which to rebuild your life, I Am will help you: * End the barrage of negative self-talk with an empowering new narrative. * Refuse to ride the rollercoaster of others' opinions and start believing what God says about you. * Stop agonizing over past regrets and failures and make peace with God s...

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Comprehensive information! Its this sort of great go through. It really is rally interesting through studying time. I am just quickly can get a satisfaction of looking at a created pdf.

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