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SMALL CHANGE, BIG RESULTS: HOW SIMPLE ACTIONS CAN RESHAPE YOUR LIFE



Twin Rocks Press, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Every year, millions of people in the U.S. promise themselves that they ll make a change to better their lives. The goals include improving their relationships, reducing stress, saving money, landing a better job, and getting healthier. Often the changes are attempted while dealing with an already overloaded schedule. Many people do succeed. However, the majority...

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