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Ladle: Paleo and Gluten-Free Comfort Soups (Paperback)

By Michelle Fagone

Sunny Day Publishing, LLC, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Michelle Fagone, AKA Cavegirl Cuisine, has become a lovable and quirky social media sensation with a Facebook following of over 135,000 fans! Her newest creation, Ladle: paleo and gluten-free soup recipes, contains 50 fresh soups laid out in a beautifully full-color photographed cookbook. From simple creamy soups that can be made in 30 minutes, to a variety of soups, stews, chowders, and chilis, there is something for everyone. Ladle is for you if you follow a paleo/gluten-free diet, are dairy intolerant, enjoy meals made from fresh ingredients, and finally, just like soup! Testimonials: There s nothing as nourishing and comforting as a steaming bowl of soup. If you re looking to seriously level up your broth game, Michelle Fagone s Ladle is the comprehensive Paleo soup primer for you! - Michelle Tam New York Times best-selling author of Nom Nom Paleo: Food For Humans Colorful, nutritious, and flavorful, homemade soup is the ultimate, one-pot comfort food. From broth basics to simple creamy soups and international recipes with flair, Ladle is a one-stop source for everything you need to become a soup...



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Reviews

It is an awesome publication which i actually have ever read through. it had been writtern really properly and valuable. I found out this book from my i and dad recommended this pdf to discover.

-- Doyle Schmeler

This book is definitely not simple to begin on studying but quite fun to see. I actually have read and that i am sure that i will gonna read through yet again once again in the foreseeable future. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Brennan Koelpin