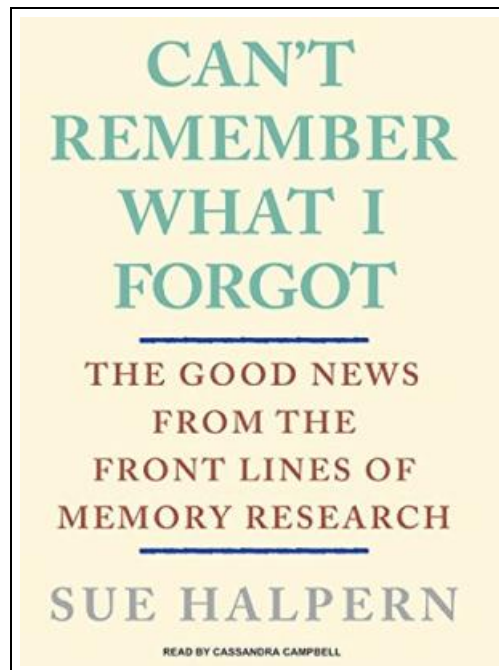


## Can t Remember What I Forgot: The Good News from the Frontlines of Memory Research



Filesize: 8.36 MB

### **Reviews**

*This book will never be straightforward to start on reading through but quite enjoyable to learn. Better then never, though i am quite late in start reading this one. Your lifestyle span will probably be convert once you complete reading this publication.*

*(Dr. Kadin Hane DVM)*

## CAN T REMEMBER WHAT I FORGOT: THE GOOD NEWS FROM THE FRONTLINES OF MEMORY RESEARCH



Tantor Media, Inc, United States, 2008. CD-Audio. Condition: New. Unabridged edition. Language: English . Brand New. When Sue Halpern decided to emulate the first modern scientist of memory, Hermann Ebbinghaus, who experimented on himself, she had no idea that after a day of radioactive testing, her brain would become so hot that leaving through the front door of the lab would trigger the alarm. This was not the first time that Halpern had her head examined while researching *Can t Remember What I Forgot*, nor would it be the last. Halpern spent years in the company of the neuroscientists, pharmacologists, psychologists, nutritionists, and inventors who are hunting for the genes and molecules, the drugs and foods, the machines, the prosthetics, the behaviors, and the therapies that will stave off Alzheimer s and other forms of dementia and keep our minds-and memories-intact. Like many of us who have had a relative or friend succumb to memory loss, who are getting older, who are hearing statistics about our own chances of falling victim to dementia, or who worry that each lapse of memory portends disease, Halpern wanted to find out what the experts really knew; what the bench scientists were working on; how close science is to a cure, to treatment, and to accurate early diagnosis; and, of course, whether the crossword puzzles, sudokus, and ballroom dancing we ve been told to take up can really keep us lucid or if they re just something to do before the inevitable overtakes us. Beautifully written, sharply observed, and deeply informed, *Can t Remember What I Forgot* is a book full of vital information-and a solid dose of hope.



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