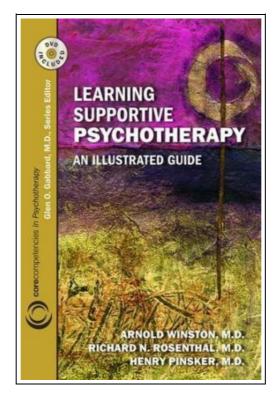
# Learning Supportive Psychotherapy: An Illustrated Guide (Paperback)



Filesize: 3.06 MB

# Reviews

It in a of the most popular pdf. It really is full of knowledge and wisdom Its been developed in an exceptionally easy way and it is just right after i finished reading through this publication by which really altered me, alter the way in my opinion.

(Dr. Alexa Rogahn)

# LEARNING SUPPORTIVE PSYCHOTHERAPY: AN ILLUSTRATED GUIDE (PAPERBACK)



American Psychiatric Association Publishing, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book. Mastering the art of supportive psychotherapy demands years of training and experience -- and Learning Supportive Psychotherapy: An Illustrated Guide paves the way. This book, along with the accompanying DVD, serves as a trustworthy guide to mastering the rudiments of supportive psychotherapy from the initial interview through the therapeutic progression to the very last session. The authors, preeminent figures in psychiatry, describe the basic principles and objectives of supportive psychotherapy, with emphasis on the critical importance of the therapeutic relationship and how to develop a positive therapeutic alliance. They have written an extremely accessible text that provides practical hands-on instruction to beginning psychotherapists, social workers, psychiatric nurses, and others who require the fundamentals of psychotherapeutic patient care. Supportive psychotherapy has been recognized as a core competency, and readers seeking the requisite skills will find an advantage in this volumes beneficial features: Â Insightful perspective on the origins and development of supportive psychotherapy, locating it on the psychodynamic therapy spectrum, and distinguishing it from the expressive psychotherapies in terms of objectives, process, and outcomes Expert instruction on conducting a thorough assessment and evaluation of a patient, with emphasis on techniques for conducting a comprehensive initial interview, exploring the patient's manifesting problems, taking an accurate patient history, eliciting useful information, and identifying supportive measures -- all of which are crucial to establishing a therapeutic relationship Specialized focus on useful techniques, including alliance building, esteem building, encouragement, promoting adaptive behaviors, anticipatory guidance, reducing and preventing anxiety, naming the problem, rationalizing and reframing, expanding awareness, clarification, interpretation, and much more Critical information on how to intervene in a crisis to facilitate the patient's personal growth rather than physical and psychological deterioration Significant clinical illustrations, vignettes, and...



Read Learning Supportive Psychotherapy: An Illustrated Guide (Paperback) Online

Download PDF Learning Supportive Psychotherapy: An Illustrated Guide (Paperback)

# You May Also Like



#### A Parent s Guide to STEM

U.S. News World Report, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book
\*\*\*\*\* Print on Demand \*\*\*\*\*\*. This lively, colorful guidebook provides everything you need to know...

Save Book

**>>** 



### Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition)

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition), Theresa Casey, 'Theresa's book is full of lots of inspiring, practical, 'how...

Save Book

>>



# Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video...

Save Book

**»** 



# The Official eBay Guide: To Buying, Selling and Collecting Just About Everything

Simon & Schuster Ltd. Paperback. Book Condition: new. BRAND NEW, The Official eBay Guide: To Buying, Selling and Collecting Just About Everything, Laura Fisher Kaiser, Michael Kaiser, Omidyar, Pierre, HAPPY HUNTING(TM) ON eBay Aunt Fannie's...

Save Book

w.



### The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)

WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English . Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to...

Save Book

**>>**