# You Are More Than Just Your Bits! A book on style, lifestyle, and inner styling (Hardback)

You Are More Than Just Your Bits! A BOOK ON STYLE, LIFESTYLE, AND INNER STYLING Cindy Newstead FOREWORD BY TIPPI HEDREN

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#### Reviews

*Extremely helpful to any or all category of individuals. It really is rally fascinating throgh studying time period. I am just quickly could possibly get a pleasure of reading a composed ebook. (Lawrence Keeling)* 

# YOU ARE MORE THAN JUST YOUR BITS! A BOOK ON STYLE, LIFESTYLE, AND INNER STYLING (HARDBACK)



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Strategic Book Publishing, United States, 2013. Hardback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Unlike any other book on style and fashion, this one addresses issues we all struggle with every day, about the way we look and dress ourselves. Written in a down-to-earth, straight-talking manner, it will inspire confidence and motivate you to tackle your own challenges with the way you look and present yourself. The author says, I am not a wizard or a miracle worker, although I have been thrilled at the number of times I have been called both of those things. I am just an ordinary, down-to-earth woman in the trenches, doing what I do day in and day out, and I have been doing that for years. Yes, I ve worked with celebrities, but ninety-nine percent of my clients are everyday people just like you. You never get a second chance to make a first impression. How you look, how you present, and how you hold yourself matters. Please don t make the mistake of thinking that style is frivolous or unimportant. To succeed in life, to reach your goals both personally and professionally, you need to be aware of your image and how to use it for maximum advantage. Here are my tips and tricks of looking good. Australian Cindy Newstead is one of the most successful and prolific personal stylists, having carried out well over 6,000 personal consultations. She is the creator and presenter of Style Review runway, a real world fashion parade. Frequently called on by the media for commentary on the latest trends and styling advice, she is also an inspiring keynote speaker. A mother of four and stepmother of four, she knows how to juggle family and career, while still looking great. Publisher S...

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