



Blitz Your Life: Stories from an NFL and ALS Warrior

By Tim Shaw

Dexterity. Paperback. Condition: New. 224 pages. Dimensions: 8.2in. x 5.5in. x 0.5in.If youve ever dreamed of something more in life, this book is for you. Blitz Your Life is a collection of reflections from a former NFL linebacker on a life lived fearlessly and challenges from a man with a sense of urgency for impact. These powerful stories range from Tims time on the football field to the radically different life and goals that resulted from his diagnosis with ALS in 2014. Tim also shares stories of ordinary people who have faced everyday challenges and accomplished extraordinary things. Whether they sweep floors or rebuild neighborhoods or make music, all are living lives that make a difference. At times funny and others serious, Tim encourages readers to write their own goals and stories while pursuing their dreams. Through his whiteboard challenges, he provides practical help that takes readers on a road to success. From his NFL days to his support of ALS awareness, this fighters message is a courageous call to find and enjoy a life with purpose. If you want to know how to fight lifes battles with hope, compassion and wisdom, read this book! Tim knows better than most...



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Reviews

Extensive guideline! Its this sort of excellent read. it had been writtern quite properly and helpful. You can expect to like just how the writer create this book.

-- Mr. Gustave Gerhold

This book will never be straightforward to start on reading through but quite enjoyable to learn. Better then never, though i am quite late in start reading this one. Your lifestyle span will probably be convert once you complete reading this publication.

-- Dr. Kadin Hane DVM