



## My Fitness Entrepreneur: How to Become a Personal Trainer and Start a Personal Fitness Training Business

By Ahmed Erguigue

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In association with Working as a personal trainer for the past 15 years has given me an extremely blessed life and I m thankful every day that this is my profession. I love the fact that I get paid to positively impact the lives of my clients every single day. I put together this book to to help others achieve a career as rewarding as the one I ve experienced. Hopefully this guide will help you find the same joy, satisfaction, and success that I have found in this dynamic profession. This is my story and I hope you like it. It comes from my heart. -Gino Table of Contents: Introduction Section 1: Education and Certifications --- Step 1. Meet current health and fitness professionals in your community. --- Step 2. Get your education. Section 2: Training Philosophy --- Step 1. Set rules for working with your clients. --- Step 2. Set rules for yourself. Section 3: Preparing for Business --- Step 1. Create an availability schedule. --- Step 2. Decide what services you will be specializing in...



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