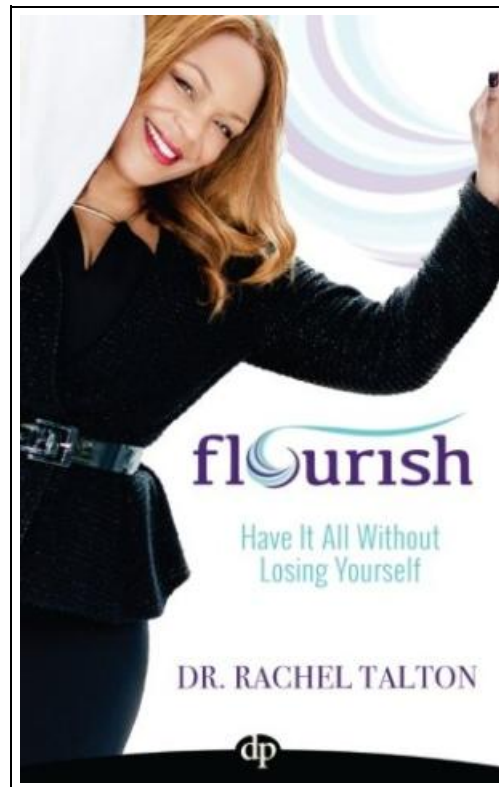


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FLOURISH: HAVE IT ALL WITHOUT LOSING YOURSELF (PAPERBACK)



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Difference Press, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.In *Flourish*, award-winning CEO Dr. Rachel Talton takes women leaders on a powerful journey toward having it all without sacrificing their authentic selves. Compelling personal stories, rigorous research and experiential exercises help successful women stop hiding fear, guilt and overwhelm behind their Golden Masks, giving them a specific strategy to flourish. Redefining success with integrity to themselves with purpose, connection, contribution and legacy. Women leaders are often torn between seeking success, influence, impact and contribution in their organizations and the marketplace, and having a thriving family and personal life. They find that their desire to contribute professionally and personally often relegates a back seat to self-care, self-worth and wellbeing. In fact, the data show that many women who attain one or two of the traditional metrics of success find themselves sorely lacking in others, and often suffering in silence beneath a beautiful suit, great shoes, powerful title and the shiny, meticulously applied Golden Mask. Dr. Rachel builds upon years of executive experience, organizational and consumer research and expertise guiding Fortune 500 organizations and leaders to craft a powerfully practical guide to flourishing. She tells her own story and the stories of other women leaders who inspire as they turn sometimes tragic life events into triumphs. Through this book, Dr. Rachel takes readers on an experiential journey through the six dimensions of their lives to flourish - to grow luxuriantly and to prosper. As organizations desperately seek to reconcile stark data that reveal women in senior leadership provides a significant competitive advantage. For example, research shows that women leaders help companies outperform competitors by up to 26 in revenues, boards with three women have 66 higher ROI, 53 higher ROE and 42 higher...



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