

Prayers for Depression: And how to best live with it (Paperback)

By Fay Sampson

Darton, Longman Todd Ltd, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. `Lord, When the night is darkest, when I can see no end to this tunnel, lift my soul with the remembrance of things beautiful. ~ This simple book offers short items of information, support and advice about depression, each accompanied by a suggested prayer. It is divided into two sections. The first is for the use of those with depression, or on their behalf. The second is for family, friends and the wider community. Half of the royalties for this book will be given to Mind, the mental health charity:



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