



Healing Words: A Collection of Verse to Aid in Healing from an Unhealthy and Abusive Childhood (Paperback)

By Janet Osmond

Balboa Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This book of poetry covers my own personal journey into healing from an unhealthy and unhappy childhood-a journey that many of you will recognise, I am sure. The writing has proven to be cathartic, and I have transcribed it into book form, in the hope that what I have experienced may be of help or comfort to others. I also hope very strongly that it will help others not to feel so alone. That was my underlying feeling throughout the whole of my life until around three years ago. By explaining how I have felt, maybe someone can feel supported sufficiently to carry on battling through. I do believe that everything happens for a reason, and that everything I need to know will be revealed to me-at exactly the right time.



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