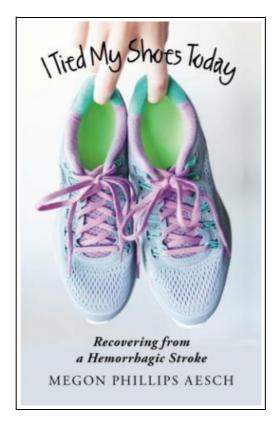
# I Tied My Shoes Today: Recovering from a Hemorrhagic Stroke (Paperback)



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# Reviews

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(Mrs. Jacquelyn Gutmann)

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Archway Publishing, United States, 2016. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Author Megon Phillips Aesch was a thirty-four-year-old, career-oriented horticulturist with a good business and a great husband. They had dreams, goals, and focus. They had a plan, and then disaster struck, hit with a blow beyond imagination. Megon suffered a stroke caused by an arteriovenous malformation (AVM). It transformed her from a strong-willed, independent business woman to a patient in a wheelchair requiring a great deal of assistance. In I Tied My Shoes Today, Megon shares her story in conjunction with her husband, Jim, who kept a journal while she was incapacitated and recovering from the stroke. It tells how she and her family faced the challenges of a traumatic injury to her brain—the setbacks, the triumphs, and the life-and-death decisions that were encountered for almost two years. A story about love, growth, disaster, and renewal, I Tied My Shoes Today narrates the gamut of emotions and events in Megon s pursuit to return to her former self. It also tells about the symptoms and causes of stroke and describes the practices and the policies the medical profession follows.



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