

I Tied My Shoes Today: Recovering from a Hemorrhagic Stroke (Paperback)



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(Mrs. Jacquelyn Gutmann)

I TIED MY SHOES TODAY: RECOVERING FROM A HEMORRHAGIC STROKE (PAPERBACK)



Archway Publishing, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Author Megon Phillips Aesch was a thirty-four-year-old, career-oriented horticulturist with a good business and a great husband. They had dreams, goals, and focus. They had a plan, and then disaster struck, hit with a blow beyond imagination. Megon suffered a stroke caused by an arteriovenous malformation (AVM). It transformed her from a strong-willed, independent business woman to a patient in a wheelchair requiring a great deal of assistance. In *I Tied My Shoes Today*, Megon shares her story in conjunction with her husband, Jim, who kept a journal while she was incapacitated and recovering from the stroke. It tells how she and her family faced the challenges of a traumatic injury to her brain--the setbacks, the triumphs, and the life-and-death decisions that were encountered for almost two years. A story about love, growth, disaster, and renewal, *I Tied My Shoes Today* narrates the gamut of emotions and events in Megon's pursuit to return to her former self. It also tells about the symptoms and causes of stroke and describes the practices and the policies the medical profession follows.



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