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I SEE A HEALTHY ME!



Balboa Press, United States, 2013. Paperback. Book Condition: New. 216 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.A good life starts with healthy habits, and habits are easier to keep when learned at an early age. Children under the age of seven exhibit more theta brainwaves, which foster learning and creativity. The flavor of fresh fruit, the simple pleasure of a good book, or taking a moment to share with the ones we care...

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- Released at 2013



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