



## Travel Size Shapes: An Adult Coloring Book, Over 40 Fun Stress Relief Shape Designs and Geometric Patterns for Your Inner Artist

By Paper2gift Publishing, Adult Coloring Design, Geometric Patterns Coloring

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.\*Travel Size\* Due to Popular Demand! Shapes: An Adult Coloring Book featuring A new collection of over 40 Stress Relieving Patterns and Geometric Shapes. A new collection of over 30 beautiful African Masks/African designs created to inspire your inner colorist. In addition to the striking adult coloring pages, this book also features key cultural information including the origins of each mask. The paper is perfect for fine tip pens, colored pencils and markers. The completed adult coloring book pages are an excellent Gift to give to friends, family and other loved ones for holidays and special occasions. The Benefits of Coloring for Adults Coloring is the perfect way to relax after a tough day and great for enhancing your creativity. For many, coloring a beautiful image can be a form of meditation. It allows you to enter the flow state in which you are in the moment, actively focusing on what you are doing and blocking out all distractions around you. Stressful thoughts and future worries can be simply pushed aside as you take time...



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