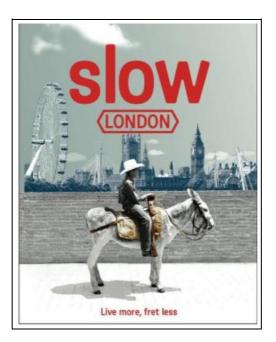
# Slow Guide: London (Paperback)



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# Reviews

*Extensive manual! Its such a great read. It really is loaded with knowledge and wisdom You wont really feel monotony at at any time of your time (that's what catalogs are for regarding if you ask me). (Myrl Hintz)* 

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Affirm Press, Australia, 2011. Paperback. Condition: New. Language: English . Brand New Book. The antithesis of trendy, Slow LONDON celebrates all that s local, natural, traditional, sensory and most of all gratifying about life in London. It s an inspirational lifestyle guide for locals and regular visitors who want to live more and fret less. Readers are invited to rise up - in their own sweet time, of course - against the culture of speed, fad and uniformity. And instead revel in the things that make this corner of the world unique. Explore the natural features that shape and define London, clip the wings of time, shop with soul, tune into your senses and savour life without spending. See, smell, hear, taste and even touch the city anew and bond with your community and surrounds. There s even a slow guide for fast kids, and lots of inspirational tips, activities and affirmations that will help you get more out of life s simple pleasures. Expressive black-and-white photography by Mark Chilvers conveys the soul of the capital and evokes a sense that everything old is new again.

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