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Less Is More: Developing Youth Soccer Teams (Paperback)

By George Werner

Outskirts Press, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Having spent more than thirty-five years on the sidelines coaching youth players of all ages and having run many soccer camps over the years, I felt that we were not teaching the team game of soccer properly. Team practices consisted mostly of numerous and varied isolated drills. Never really seeing the progress that I thought a team should be making in their development, I felt that a different approach was needed in teaching teams the game of soccer. To achieve this end I have created a team-game concept for developing youth soccer teams. This program uses a curriculum approach to teaching. Repetition of each element as well as simplicity is the key to developing players to play on instinct. This book demonstrates this alternate method for developing our youth to play soccer with an understanding of the game. The simpler we keep our practices the more the player will learn, with repetition being the key. Therefore, Less is more ! Filled with both the philosophy behind all aspects of youth soccer and a three year program guide of plays, this book is...

Reviews

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