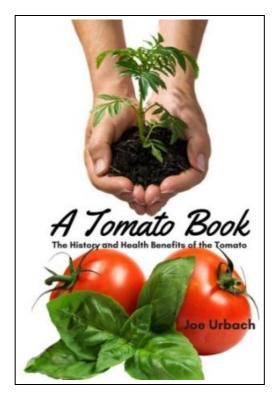
# A Tomato Book: The History and Health Benefits of the Tomato (Paperback)



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## Reviews

This is the finest book i have got go through right up until now. I have got read and i also am confident that i am going to planning to read once again yet again in the future. You will not truly feel monotony at at any time of the time (that's what catalogs are for about if you check with me).

(Taylor Medhurst)

### A TOMATO BOOK: THE HISTORY AND HEALTH BENEFITS OF THE TOMATO (PAPERBACK)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*. The tomato exists to be eaten. Its skin is there not to rebuff our advances but to be touched, to be bitten into. Its flesh is pulpy and delicately sweet. There are no seeds to spit out, no tough rind, and, apart from the tiny stem button, no inedible core. You just eat it up, letting its juices run down your chin. Tomatoes were born to give pleasure. They would do so even if they were as poisonous as rumor once said. In fact, that libel may have come about simply from the suspicion that something so utterly seductive must be up to no good. How often do you encounter something so desirable that is also so easy to get to know? To the uninitiated, an artichoke is a bristly enigma, but the smallest child can comprehend a tomato. The tomato is a softy. It is lovely and yielding and totally ours. Botanists tell us that the tomato is actually a fruit, not a vegetable. But other fruits have it all over the tomato; they have more flavor, more charisma. Mangoes are more voluptuous, oranges are juicier, raspberries more tartly delicious. As a berry, the tomato is just the wrong size. (Would you want one in your cereal?) The tomato s decision to defect to the vegetables was a good career move. As a vegetable, it competes only with sweet corn for allure. If the onion is the vegetable that can make you weep, the tomato is the one that can make you smile. A pile of cucumbers or cabbages or kohlrabies or carrots in the farmers market can be abstractly beautiful, but the moment you lay eyes on a basketful of...

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